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The IRS released the inflation adjustments for health savings accounts (“HSAs”) and their accompanying high deductible health plans (“HDHPs”) effective for calendar year 2024, and the maximum amount that may be made available for excepted benefit health reimbursement arrangements (“HRAs”). All limits increased from the 2023 amounts.

Annual Contribution Limitation

For calendar year 2024, the limitation on deductions for an individual with **self-only coverage** under a high deductible health plan is **\$4,150**; the limitation on deductions for an individual with **family coverage** under a high deductible health plan is **\$8,300**.

High Deductible Health Plan

For calendar year 2024, a “high deductible health plan” is defined as a health plan with an **annual deductible that is not less than \$1,600 for self-only coverage or \$3,200 for family coverage**, and the annual out-of-pocket expenses (deductibles, co-payments, and other amounts, but not premiums) **do not exceed \$8,050 for self-only coverage or \$16,100 for family coverage**.

Non-calendar year plans: In cases where the HDHP renewal date is after the beginning of the calendar year (i.e., a fiscal year HDHP), any required changes to the annual deductible or out-of-pocket maximum may be implemented as of the next renewal date. See IRS Notice 2004-50, 2004-33 I.R.B. 196, Q/A-86 (Aug.16, 2004).

Catch-Up Contribution

Individuals who are age 55 or older and covered by a qualified high deductible health plan may make additional catch-up contributions each year until they enroll in Medicare. The additional contribution, as outlined by the statute, is \$1,000 for 2009 and thereafter.

Excepted Benefit HRA Adjustment

For plan years beginning in 2024, the maximum amount for an excepted benefit HRA that may be made newly available for the plan year is **\$2,100**.